

Langford

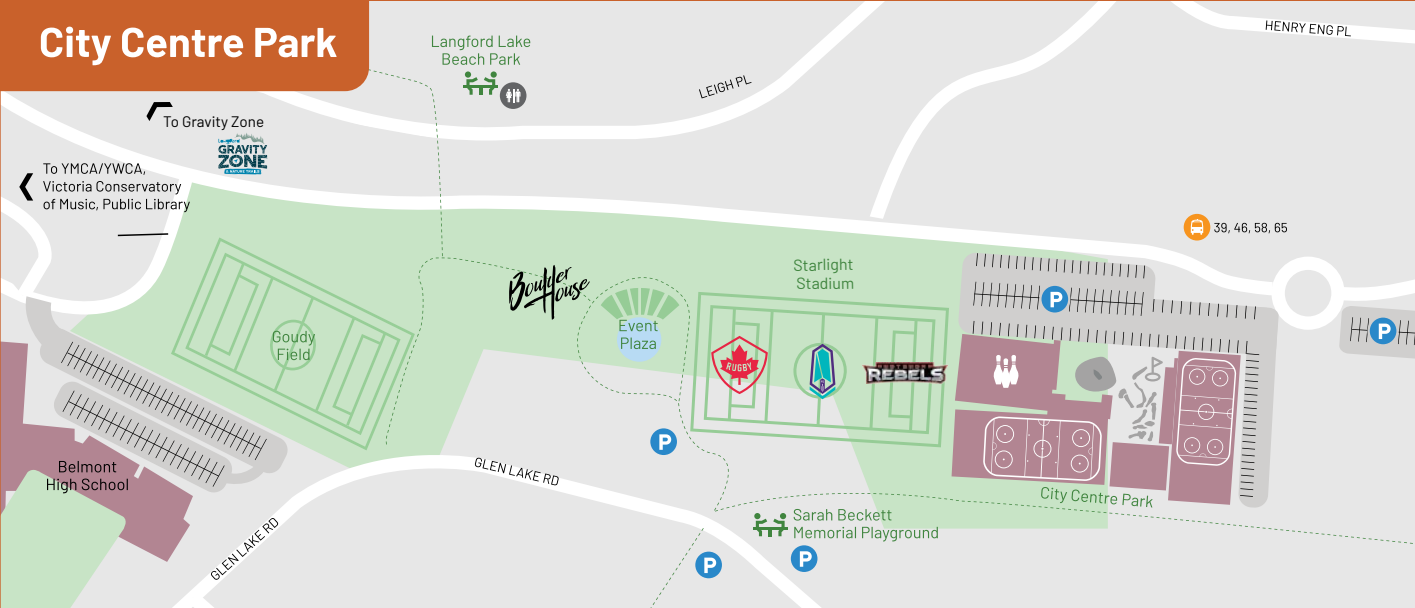
where it all happens.

visitors
guide & map

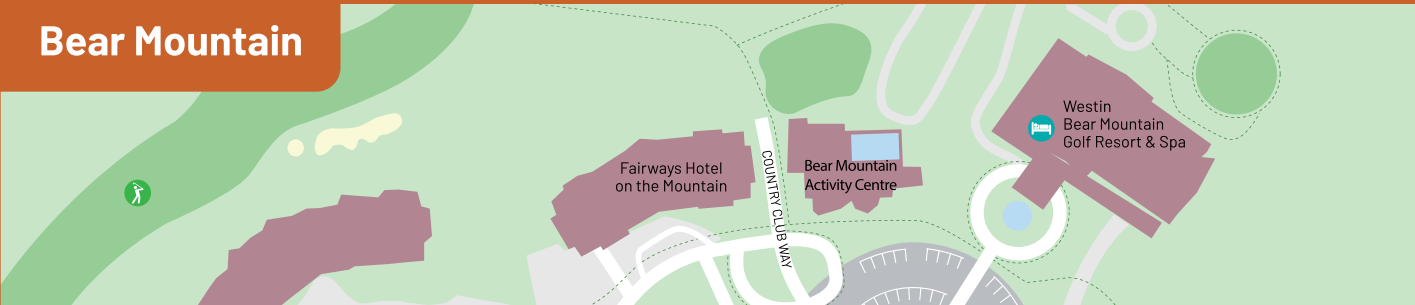
Downtown to Westshore Town Centre



City Centre Park



Bear Mountain



Langford

where it all happens.

To Malahat Skywalk
MALAHAT SKYWALK

Trans Canada Trail

Goldstream Provincial Park

Mount Finlayson
419 m

Westin Bear Mountain Golf Resort & Spa
Fairways Hotel on the Mountain

Sooke Hills Wilderness Trail

Prospector Group site
Skirt Mountain 347 m

Goldstream Campground

E&N Trail

Trans Canada Trail

GRAVITY ZONE
JORDIE LUNN

Mount Wells Regional Park
352 m

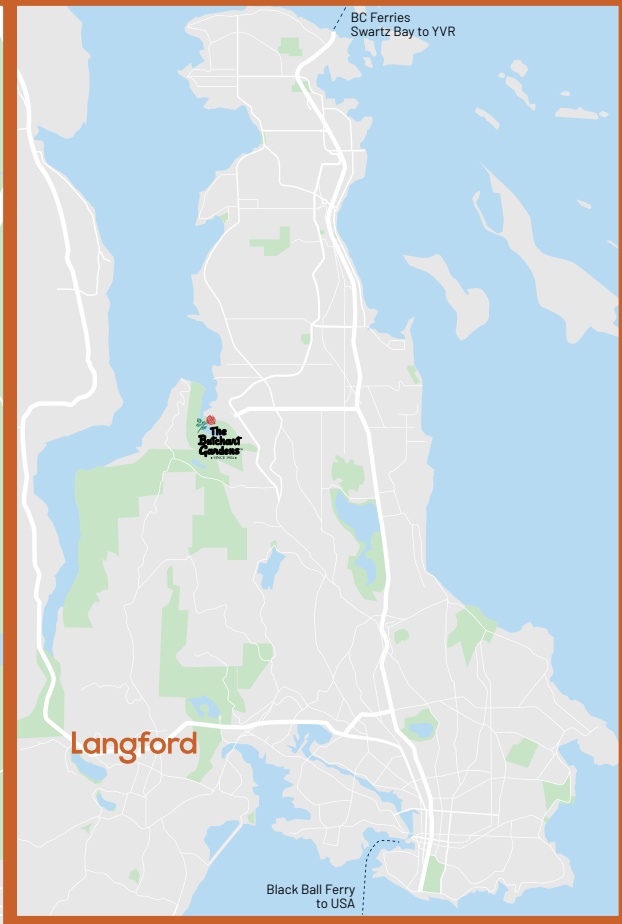
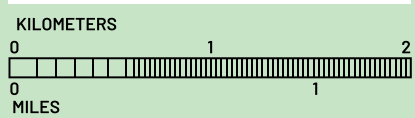
Legend

- Free Parking
- Accommodation
- Golf Course
- Walk-In Clinic
- Camping/RV
- @cityoflangford

TRAILS

- Access Point
- Peak and Elevation
- Hike
- Bike

- ### INTENSITY
- Easy
 - Intermediate
 - Demanding



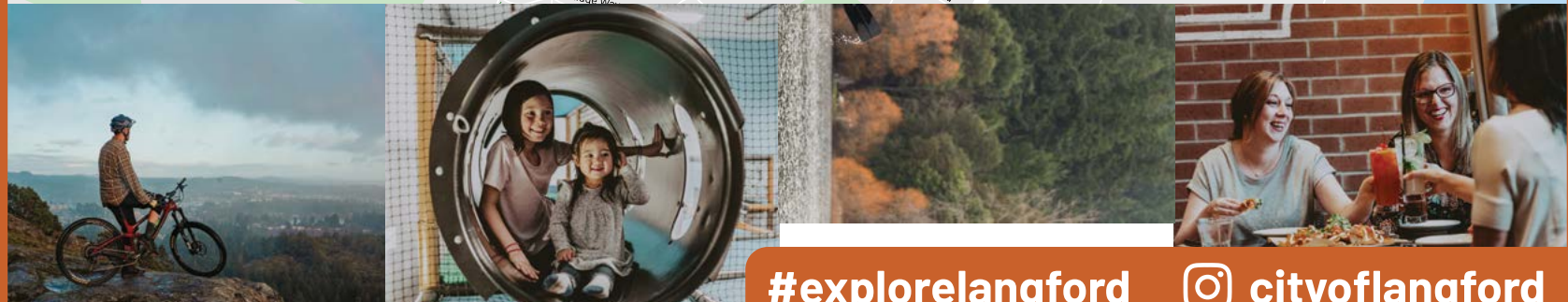
TRIP NOTES

Blank lines for trip notes.

SOUTH ISLAND SPIRIT LOOP

LANGFORD > SOOKE > PORT RENFREW > MALAHAT

spiritloop.ca



#explorelangford

citvoflangford

where it all happens.

Ideally situated on Southern Vancouver Island, Langford is truly a city surrounded by nature. With countless trails to explore, one can experience the thrill of the Sooke Hills Suspension Bridge, summit the epic Mt. Finlayson and kick back in Veterans Memorial Park, all within city limits. With an expansive series of trails for mountain biking, challenge yourself to experience nature in a new way.

There's an outdoor adventure for every member of the family on this side of the Island! Spend a sunny afternoon exploring Langford's many lakes by kayak, paddleboard, or boat. Langford Lake is the City's largest lake, home to accessible boardwalks, beaches for excellent fishing opportunities, and a boat launch on the western shore for an even better chance to land a trout. Nearby, Goldstream Provincial Park features a stunning waterfall and a world-class salmon spawning stream with thousands of Chum Salmon returning each year.

If you're looking to slow down and unwind, Langford has something for you. Enjoy world-class spas, challenging golf courses, and endless shopping opportunities. Indulge in local cuisine while relaxing on a picturesque patio, and finish your day relaxing at one of the local accommodations.

Whether you are looking for a staycation or are travelling to Langford for a conference, event, or to escape and unwind, we look forward to welcoming you soon!

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The contents of this guide are up to date as of June 2023 and should serve as a reference. Please contact businesses directly to confirm availability of services.



find adventure in places unknown



explore

Ideally situated on Southern Vancouver Island, Langford is truly a city surrounded by nature. With countless trails to explore, one can take in the panoramic views from Mount Finlayson in Goldstream Provincial Park, walk across the suspension bridge in Sooke Hills Wilderness Regional Park, or kick back and relax in Veterans Memorial Park. With an expansive series of trails for mountain biking, including the new Gravity Zone and Nature Trails that includes the Jordie Lunn Bike Park, challenge yourself to experience nature in a new way.

refresh

There's an outdoor adventure for every member of the family in Langford! Spend a sunny afternoon exploring Langford's many lakes by kayak, paddleboard, or canoe. Langford Lake is the City's largest lake, featuring accessible boardwalks, three public beach areas, and a boat launch. Nearby, Goldstream Provincial Park features a variety of walking and hiking trails and a stunning waterfall, affectionately referred to as little "Niagara Falls" by locals, which at 47.5 feet, is almost as tall as its famous namesake. Visit the Park between October and December to catch the annual salmon run where you'll see thousands of Chum salmon returning to spawn.



recharge

If you're looking to slow down and unwind, Langford has something for you. Enjoy world-class spas, challenging golf courses, and endless shopping opportunities. Indulge in local cuisine while relaxing on a picturesque patio, and finish your day unwinding at one of the local hotels.

escape

Whether you are travelling to Langford for a vacation, conference, event, or to escape and unwind, Langford is ready to welcome you. Make Langford your South Island basecamp and stay at one of the hotels or B&Bs and enjoy everything Langford and the surrounding region has to offer right outside your door.

mobile visitor information centre

The City of Langford is pleased to offer visitor services through the Langford Mobile Visitor Information Centre! The dedicated and knowledgeable visitor information staff are ready to answer your questions and provide complimentary regional maps, brochures, a high-speed charging station, and an outdoor seating area.

Find the Info Centre travelling around to some of the favourite local spots for assistance booking hotels, tours, and reservations. Their insider tips will help you explore like a local! Whether you're a first-time visitor or a seasoned regular, there will always be something new and exciting to experience.

Be sure to tag [@CityofLangford](#) in your photos on Instagram and use [#ExploreLangford](#).





getting here & around

The trip to Vancouver Island is when your adventure begins! Ideally situated on Southern Vancouver Island, Langford is truly a city surrounded by nature. Located a short drive from BC and Washington State Ferries, Victoria International Airport, Harbour Air, and the Clipper and COHO ferry terminals, and well connected by local transit, ride sharing and taxi services, getting around in Langford is simple and stress-free. Conveniently, the BC Transit Rapid Bus route #95 efficiently travels from downtown Victoria to Langford, with a bus arriving every 7-8 minutes during peak times. If two wheels are more your speed, the Galloping Goose, E&N, and Lochside Trails connect cyclists throughout the region, providing a safe opportunity to explore the city.

If you are looking to further your adventure up-island or spend the day exploring Southern Vancouver Island, Langford is centrally located. Easily access the Pacific Marine Circle Route to experience Sooke, Port Renfrew, Cowichan, Malahat and beyond. Hop onto the famous Malahat Highway for scenic lookouts and direct access to North Island communities. Langford is ideally located as a base camp for any adventure!

For more information on the Pacific Marine Circle Route, visit spiritloop.ca

festivals & events

Whether you enjoy an exciting sports match, music festival or culinary feast, the variety of annual events in Langford are sure to keep you entertained. Langford's Starlight Stadium is packed year-round as the home field for our Canadian Premier League team Pacific FC, Rugby Canada, and the Westshore Rebels Junior Canadian football team. In the summer months, events such as Brewery and the Beast and the Canada Day Festival bring live music, food and drink, and other exciting entertainment to Langford.

For hot rod enthusiasts, the annual summertime Show & Shine features an impressive display of vintage and collector cars. In September, the Langford Station Arts & Culture District hosts the Fall Food Truck Festival, bringing an impressive lineup of food trucks along with live music and other entertainment and activities. Events continue through Halloween and into the holidays with the annual Langford Light Up, scenic horse-drawn carriage rides and many more joy-filled activities for the whole family.



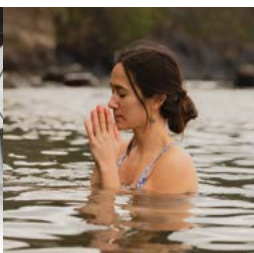
SOUTH ISLAND SPIRIT LOOP

LANGFORD > SOOKE > PORT RENFREW > MALAHAT



Whether you seek adventure or stillness, connection or solitude, the Spirit Loop offers a journey unlike any other. Come and experience a place where your senses come alive and your spirit soars.

A road trip to awaken your senses.



Outdoor Activities

Ed Nixon Trail

The trail runs along the bank of Langford Lake until it reaches the floating viewing platform, children's playground, and public washrooms. A long boardwalk allows you to stroll across the marsh and wetlands at Langford Lake's western end.

The Galloping Goose Trail

This picturesque multi-use trail, formerly a railway line, moves through urban, rural, and wilderness scenery on its 55-kilometre journey from Victoria to Sooke. You can cycle, stroll, run, or even ride a horse through the rural sections.

Mount Wells

Mount Wells is a 123-hectare wilderness park of second-growth forest and fragile mossy rock outcrops with spectacular views of the region and stunning spring wildflowers. It is located on the edge of an immense protected area of green space near the Sooke Hills. The hike to the summit (352m) of Mount Wells is steep and challenging, suitable for fit hikers.

E&N Trail

The E&N Trail is the Capital Region's pedestrian and bicycle thoroughfare that follows the existing E&N Rail corridor and stretches from Esquimalt to the pedestrian-oriented heart of Langford. Visit The Langford Station Arts and Culture District, located at 720 Station Avenue along the E&N Trail, and experience all the district has to offer, including local businesses, artists, food trucks, live music, events and more!

The Gravity Zone & Nature Trails

The Gravity Zone and Nature Trails is a one-of-a-kind park on Vancouver Island. Spanning more than 130 acres of forestland, the park boasts winding trails under massive tree canopies and epic viewpoint lookouts. With a variety of trails, including downhill flow trails and technical trails, with difficulties ranging from blue (easiest) to double black (most difficult), there is something for hikers and cyclists of all ages and abilities. Note that certain trails are exclusively for biking or hiking. Please view the map below before visiting the park. Parking is available at 4100 West Shore Parkway. Leashed dogs are permitted in the park.

Langford Lake

Langford Lake is a popular swimming, boating, and fishing destination for residents and visitors alike. There are numerous boardwalks and shore access points as well as a boat launch on the western shore.

Trans Canada Trail/Sooke Hills Wilderness Regional Trail

This 13km unpaved trail offers a unique wilderness experience as it travels through remote areas and wildlife habitat. The trail lies between the Humpback Reservoir in Sooke Hills Wilderness Regional Park and the Capital Regional District-Cowichan Valley Regional District boundary. The Sooke Hills Wilderness Trail provides part of both The Trans Canada Trail and the Vancouver Island Trail routes. Rest at the viewing platform, 2.5km from the Humpback trailhead, to take in the sights and sounds of Waugh Creek Falls, which flows forcefully in the winter and spring. From there, it is 0.5km to the suspension bridge across the Goldstream River.

Goldstream Provincial Park

The trails through Goldstream range from easy, wheelchair-accessible walks to strenuous hikes and track along creeks, through forested uplands and past abandoned gold diggings from the days of the Gold Rush. The park is home to 600-year-old Douglas fir trees and western red cedar, mixed with western yew and hemlock, red alder, big leaf maple and black cottonwood. Whether you're out in the rain during the salmon run to view the salmon, or you're hiking up Mt. Finlayson on a hot summer day, the Goldstream Nature House is your home base. Head inside to cool down with a refreshing drink and some ice cream in the summer, or warm up in the winter with hot, fresh coffee and a cozy seat by the fireplace.

Mount Finlayson

Located in Goldstream Provincial Park, the Mount Finlayson hike is one of the steepest and most challenging hikes in the region. It offers scenic views looking south towards Langford. The route is a popular exercise trail and can be busy on weekends, however the views from the top on a clear day are spectacular and worth the hard work of getting there. This trail is steep and rugged; dress for the terrain and weather, stay on the marked trail and allow adequate time for return in daylight. The summit can be accessed from Finlayson Arm Road or the day-use area. Use caution when walking on Finlayson Arm Road.

JORDIE LUNN BIKE PARK



The Jordie Lunn Bike Park is a one-of-a-kind recreational cycling space in the City of Langford that caters to cyclists of all ages and abilities.

The Park serves as a year-round public cycling space for recreation and high performance training. In addition, it offers exciting programming and sports development opportunities for schools, sports teams, and clubs.

**JUMP ZONE • PUMP TRACK • SKILLS AREA
CYCLOCROSS/MOUNTAIN BIKE TRAILS**

2990 IRWIN RD | OPEN DAWN TO DUSK

jordielunnbikepark.com



@jordielunnbikepark



Langford GRAVITY ZONE

& NATURE TRAILS

Introducing the new Langford Gravity Zone and Nature Trails, a one-of-a-kind hiking and biking trail system like nothing else on Vancouver Island. Spanning 100 acres of forestland, The Gravity Zone features winding hiking and mountain biking trails under massive canopies and lookouts offering epic views across the Southern Island.



LANGFORD GRAVITY PARK & NATURE TRAILS
5KM OF BIKE/HIKING TRAILS

2990 IRWIN ROAD | LANGFORD.CA/GRAVITYZONE



Top 5

INSTAGRAMMABLE SPOTS AROUND LANGFORD

- ① Niagara Falls at Goldstream Park
- ② Summit of Mt. Finlayson
- ③ The Langford Station Arts and Culture District Murals
- ④ Sooke Hills Wilderness Regional Park Suspension Bridge
- ⑤ Mount Wells Regional Park

stay connected

Whether you're visiting from out of town, or are a new resident or life long local, stay in the loop on all things Langford.

CITY OF LANGFORD Langford.ca

 **INSTAGRAM** [@cityoflangford](https://www.instagram.com/cityoflangford) [#ExploreLangford](https://www.instagram.com/ExploreLangford)





accommodation

Fairways Hotel on the Mountain

1376 Lynburne Pl
(778) 401-2020
fairwayshotel.ca

Four Points by Sheraton Victoria Gateway

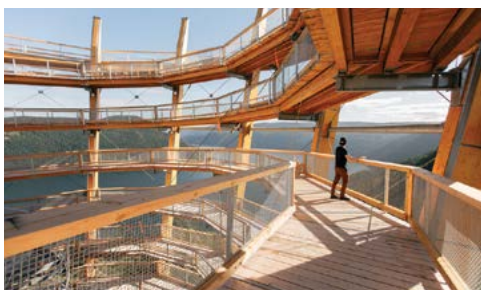
829 McCallum Rd
(250) 474-6063
marriott.com

Solo Suites

590 Goldstream Ave
(250) 882-7178
solosuites.ca

The Westin Bear Mountain Golf Resort & Spa

1999 Country Club Way
(250) 391-7160
westinbearmountain.com



attractions

BoulderHouse Langford

1109 Langford Parkway
(778) 265-9342
boulderhouse.ca/langford

Fort Rodd Hill and Fisgard Lighthouse National Historic Site

603 Fort Rodd Rd
(250) 478-5849
pc.gc.ca/en/lhn-nhs/bc/fortroddhill

Hatley Castle National Historic Site

2005 Sooke Rd
(250) 391-2666
hatleypark.ca

Malahat Skywalk

901 Trans-Canada Hwy
malahatskywalk.com

WildPlay Element Park Victoria

15-1767 Island Hwy
(855) 595-2251
wildplay.com/victoria



dining

900 Degrees

Wood-Fired Pizzeria

2401B Millstream Rd
(250) 590-4493
900-degrees.ca

A & W

2945 Jacklin Rd
3016 Merchant Way
2430 Millstream Rd
aw.ca

Akemi Sushi

737 Goldstream Ave
(250) 590-8686
akemisushi.ca

Ali Baba Pizza

2401G Millstream Rd
(250) 474-6666
alibabapizza.com

Authentic Cuisine of India

104-3046 Merchant Way
(778) 440-5666
authenticcuisineofindia.com

Big Wheel Burger

610-2945 Jacklin Rd
(250) 598-2845
bigwheelburger.com

Bin 4 Burger Lounge

716 Goldstream Ave
(778) 265-5464
bin4burgerlounge.com

Booster Juice

145-2401C Millstream Rd
(250) 474-3862
boosterjuice.com

Boston Pizza

2755 Veterans Mem. Pkwy
(250) 474-7734
bostonpizza.com

Browns Socialhouse

783 Goldstream Ave
(250) 590-6735
brownssocialhouse.com

Bucky's Taphouse

2668 Sooke Rd
(250) 478-3811
buckystaphouse.ca

Caffe Artigiano

142-2945 Jacklin Rd
caffearthigiano.com

Callisto Casual Dining

1999 Country Club Way
(250) 391-7171
bearmountaindining.com

Cobs Bread

2401C Millstream Rd
2955 Phipps Rd
cobsbread.com

Coffee Shack West Shore

2778 Peatt Rd
(236) 688-1888

Culis Pho & Market

153-2745 Veterans Mem. Pkwy
(250) 478-8831

Dad's Homemade Soups and Sangys

2806 Jacklin Rd
(778) 432-3900
dadssoupsandsangys.com

Dagwoods Cafe

662 Goldstream Ave
(250) 686-7443

Dairy Queen

703 Treanor Ave
(250) 590-8703
dairyqueen.com

dining

Darcy's Pub

737 Goldstream Ave
(250) 391-8597
darcyspub.ca

Domino's Pizza

2355 Millstream Rd
(250) 474-4124
dominos.ca

Edo Japan

106-3004 Merchant Way
(250) 475-1312
edojapan.com

Exopitta

2945 Jacklin Rd
(250) 474-9949

Fatburger Langford

102- 3004 Merchant Way
(778) 430-1111
fatburgercanada.com

Flourish BeauTea

105-2830 Peatt Rd
(778) 432-2828
[@flourishbeautea](https://www.instagram.com/flourishbeautea)

Floyd's Diner

721 Station Ave
(778) 440-1200
floydsdiner.ca

Food Trucks at The Langford Station

720 Station Ave
(250) 478-7882
langford.ca/thelangfordstation

Fountain Diner

2800 Bryn Maur Rd
(250) 590-6130
fountaindiner.ca

Freshii

108-3004 Merchant Way
(778) 247-1210
freshii.com

Freshslice Pizza

732 Goldstream Ave
(778) 265-4479
freshslice.com

Fu Wah Express

746 Goldstream Ave
(250) 474-7693

Great Cannon Pizza

114-894 Langford Pkwy
(250) 478-2121
greatcannonpizza.com

Green Leaf Bistro

832 Goldstream Ave
(250) 391-5589

HOB Fine Foods

101-2829 Peatt Road
(236) 475-8063
hobfinefoods.ca

House of Boateng

2854 Peatt Rd
(778) 432-2233
houseofboateng.ca

Ice Cream Mountain

2892 Trans-Canada Hwy
(250) 474-2444

Island Poké

829 Goldstream Ave
(250) 590-0456
islandpoke.ca

Jack's Place

2020 Country Club Way
(250) 391-5225
jacksplacebearmountain.ca

Jones Bar-B-Que

731 Goldstream Ave
(778) 265-4227
jonesgotmeat.com

KFC

105-857 Terlane Ave
kfc.ca



**Kitchen Story**

102-2945 Jacklin Rd
(250) 590-8850
kitchenstory.ca

La Taquiza Langford

746 Goldstream Ave
(250) 590-0115
lataquiza.com

La Tortilla Mexicana Deli & Grocery

709 Goldstream Ave
(250) 391-1236

Liberty Kitchen

103-3005 Merchant Way
(778) 433-1328
eatliberty.com

Lighthouse Cake Co.

742 Goldstream Ave
(250) 478-4499
lighthousecakecompany.ca

Mad Greeks Pizza

703 Goldstream Ave
(250) 478-6112
madgreekspizza.ca

Maiko Sushi

877 Goldstream Ave
(250) 995-8432

MangoThai

2401G Millstream Rd
(250) 590-9038
mangothai.ca

May Gold Village

701 Goldstream Ave
(250) 391-8899
maygoldvillage.ca

McDonald's

854 Langford Pkwy
860 Langford Pkwy
2445 Millstream Rd
mcdonalds.com

Metropolitan Bar & Grill

829 McCallum Rd
(250) 474-6063
themetropolitangrill.ca

Milestones Grill & Bar

2401 Millstream Rd
(250) 391-5016
milestonesrestaurants.com

Millstream Beverage Company

2323 Millstream Rd
millstreambeverage.com

MOD Pizza

104-3022 Merchant Way
(250) 475-4792
modpizza.ca

Mr Mikes Steakhouse

985 McCallum Rd
(250) 590-3222
mrmikes.ca

Mucho Burrito

102-3016 Merchant Way
(778) 265-0080
muchoburrito.com

My Name is Sushi

3194 Jacklin Rd
(250) 474-7888

Noodle Box

2955 Phipps Rd
(250) 383-3322
noodlebox.ca

Opa!

109-857 Terlane Place
(250) 391-0020
opasouvlaki.ca

Orange Julius

2945 Jacklin Rd
(250) 474-1522
orangejulius.com

Origin Bakery

105-3039 Merchant Way
(250) 590-8948
originbakery.com

Original Joe's Restaurant & Bar

2955 Phipps Rd
(250) 380-4910
originaljoes.ca

dining



Original Pho

2972 Jacklin Rd
(250) 590-2789
originalpho.ca

Panago Pizza

800 Kelly Rd
1 (866) 310-0001
panago.com

Parachute Ice Cream

129-735 Goldstream Ave
(250) 419-8390
parachuteicecream.com

Persimmon Tree Restaurant

2401C Millstream Rd
(778) 430-0355
persimmontreerestaurant.com

Pho Vy Vietnamese

857 Terlane Ave
(778) 433-5955

Pizza Hut

745 Goldstream Ave
(250) 391-2906
pizzahut.ca

Pizzability Glenlake

2668 Sooke Rd
(778) 433-6888
pizzability.ca

Poncho's Cafe & Catering

755 Goldstream Ave
(778) 430-5510
ponchoscafeandcatering.wordpress.com

Rhino Coffee House

111-2840 Peatt Rd
(250) 720-7609
rhinocoffeehouse.com

Romeo's

2945 Jacklin Rd
(250) 474-2121
romeos.ca

Sabhai Thai Restaurant

2800 Jacklin Rd
(250) 590-5039
sabhai.ca

Salty's Fish and Chips

738 Goldstream Ave
(250) 474-6662
saltysfishandchips.ca

Sarpino's Pizzeria

3218 Sooke Rd
(250) 590-9797
sarpinospizzeriavictoria.com

Seoul Fried Chicken

103-2455 Millstream Rd
(250) 590-9806
seoulchicken.ca

Serious Coffee

Millstream Village
2401G Millstream Rd
(250) 478-8877
seriouscoffee.com

Serip Bar + Lounge

1999 Country Club Way
(250) 391-7171
bearmountaindining.com

Shake It Bubble Tea

2945 Jacklin Rd
(778) 430-9888

Sizzling Tandoor

2955 Phipps Rd
(778) 265-9308
sizzlingtandoor.ca

Starbucks

782 Goldstream Ave
2972 Jacklin Rd
850 Terlane Ave
101-701 Treanor Ave
starbucks.ca

Subway

744 Goldstream Ave
2945 Jacklin Rd
2401C Millstream Rd
1016 McCallum Rd
subway.com

Sushi Belmont

106-3016 Merchant Way
(250) 590-9303
sushilangfordbelmontmarket.com

Sushi Ya

766 Goldstream Ave
(778) 265-4221
sushiyalangford.ca

Table Nineteen

643 Latoria Rd
(250) 474-3673
tablenineteen.com/victoria

TacoTime

101-2945 Jacklin Rd
(250) 391-8670
tacotimecanada.com

Tan Tea

104-688 Granderson Rd
tan-tea.square.site

The Chopped Leaf

135-2955 Phipps Rd
(250) 590-8006
choppedleaf.ca

The Den

1999 Country Club Way
(250) 391-7171
bearmountaindining.com

The Lighthouse Pub

2323 Millstream Rd
(250) 474-1989
lighthousepub.ca

The Rack Westcoast Bistro

2345 Millstream Rd
(778) 432-3434
therackbistro.com

Three Gringos

Mexican Grill
735 Goldstream Ave
(250) 391-4047
3gringoscafe.com

Tim Hortons

845 Goldstream Ave
2945 Jacklin Rd
739 McCallum Rd
2890 Westshore Pkwy
timhortons.com

Totchos

103-2945 Jacklin Rd
(250) 590-2322
totchos.ca

Turmeric Indian Cuisine

777 Goldstream Ave
(250) 478-6600
turmericvictoria.com

Victoria Sushi

115-2840 Peatt Rd
(250) 900-1956
govictoriasushi.com

White Spot

941 Langford Pkwy
(778) 433-8800
whitespot.ca





parks, lakes, & beaches



A.T. (Tom) Gordon Memorial Park

Minor Baseball
Diamond, Playground,
Basketball Court
998 Wild Ridge Way

Centennial Park

Splash Pad, Playground, Minor
League Baseball Diamonds,
Tennis Courts
2805 Carlow Rd

City Centre Park

Playzone, Bowling, Mini-Golf,
Sports Fields, Ice Rink,
Outdoor Ice Pond
1089 Langford Pkwy
(250) 391-1738
citycentrepark.ca

Danbrook Park

Fenced Dog Area
2743 Claude Rd

Ed Fisher Park

Sports Field, Minor Baseball
Diamond, Playground
901 Isabell Ave

Florence Lake

Walking Trail, Boardwalk,
Fishing, Swimming, Dock
2530 Florence Lake Rd

Galloping Goose Trail

Walking, Hiking, Cycling,
Inline Skating, Horse Riding
Multi-Municipal Trail System

Glen Lake Park

Playground, Dog Beach,
Observation Pier, Kayak/
Canoe Dock, Swimming,
Walking Trail, Boardwalk
3076 Shoreview Dr

Goldie Park

Playground, Walking Trail
621 Goldie Rd

Goldstream Campground

Camping & Hiking
Golden Gate Rd
env.gov.bc.ca/bcparks/explore

Goldstream Provincial Park

Hiking Trails, Wildlife,
Lookout Points, Camping
West of Langford on
Trans-Canada Hwy
[env.gov.bc.ca/bcparks/explore/
parkpgs/goldstream](http://env.gov.bc.ca/bcparks/explore/parkpgs/goldstream)

Jordie Lunn Bike Park

Dirt Jumps, Pump Track,
Skills Area, Cyclocross &
Mountain Bike Trails, Hiking
& Cycling Trails
2990 Irwin Rd

Langford Lake-Ed Nixon Trail

Walking Trail and Boardwalk
1300 block of Goldstream Ave

Langford Lake Beach Park

Beach, Playground, Swimming,
Fishing, Canoeing/Kayaking/
Paddle Boarding, Walking
Trail & Boardwalk
3018 Trillium Rd

Langford Station Park

Fenced Off Leash Dog Area
790 Station Ave

Luxton Park

Minor League Baseball
Diamond, Playground,
Fairgrounds
1040 Marwood Ave

Mill Hill Regional Park

Hiking Trails, Wildlife,
Lookout Points
457 Atkins Rd
(250) 360-3000
crd.bc.ca/parks-recreation-culture/parks-trails/find-park-trail

**Sooke Hills Wilderness
Regional Park**

Goldstream Suspension Bridge,
Waugh Creek Falls,
Viewing Platform
3059 Humpback Rd
crd.bc.ca/parks-recreation-culture/parks-trails/find-park-trail/sookehills-wilderness

Thetis Lake Regional Park

Beach, Swimming, Fishing,
Canoeing/Kayaking/Paddle
Boarding, Walking Trail &
Boardwalk, Six Mile Rd
(250) 360-3030
crd.bc.ca/parks-recreation-culture/parks-trails/find-park-trail/thetis-lake

Veteran's Memorial Park

Playground, Splash Park
2815 Aldwynd Rd

Learn more about playgrounds in Langford at
langford.ca/playgrounds



THE LANGFORD

STATION

EST 2022

CULTURAL DISTRICT

Visit The Langford Station, a year-round arts and culture district in the heart of downtown Langford. Here you'll find a creative ecosystem of local artists, retailers and food trucks, and on certain days, live music, events and more!

Businesses and Artist Studios
Open Thursday to Sunday

720 STATION AVE



Events Include: Artisan Markets, Fridays at The Station Food Truck Festival, Show & Shine Car Show + more!



[Langford.ca/thelangfordstation](https://langford.ca/thelangfordstation)



recreation & sports

9Round Fitness

113-693 Hoffman Ave
(250) 915-6697
9round.ca

Adrena LINE Zipline Adventure Tours

5128C Sooke Rd
(250) 642-1933
adrenalinezip.com

Anytime Fitness

174-2945 Jacklin Rd
(778) 433-0247
anytimefitness.com

Bear Mountain Activity Centre

1997 Country Club Way
(778) 405-1645
bearmountain.ca/recreation/fitness

Bear Mountain Golf and Tennis Resort

1999 Country Club Way
(250) 744-2327
bearmountain.ca

BoulderHouse

1109 Langford Parkway
(778) 265-9342
boulderhouse.ca/Langford

City Centre Park

Playzone, Bowling, Mini-Golf,
Splash Park, Sports Fields,
Outdoor Ice Pond,
Eagle Ridge Community Centre
Westhills Arena Ice Rink
1089 Langford Pkwy
(250) 391-1738
citycentrepark.ca

Club Phoenix Fitness

895 Langford Pkwy
(250) 920-0300
club-phoenix.com

Crossfit LoLo

884 Attree Ave
(778) 265-4600
crossfitlolo.com

Crusher Combat Sports

2956 Westshore Pkwy
(250) 478-3596
crushercombat.com

F45 Training

2840 Peatt Rd
(778) 403-7569
f45training.ca

Fitness Experience

880 Attree Ave
(250) 478-0225
fitnessexperience.ca

Jordie Lunn Bike Park

2992 Irwin Rd
jordielunnbikepark.com





Jumping Fitness

305-895 Langford Pkwy
jumpingfitnessvictoria.com

Langford Lanes

1097 Langford Pkwy
 (250) 391-1738
citycentrepark.ca

Mel-FIT X-Training Center

114-1039 Langford Pkwy
 (250) 661-3536
melfit.ca

Olympic View Golf Course

643 Latoria Rd
 (250) 474-3673
olympicviewgolf.com

Oxygen Yoga and Fitness Westshore

3022 Merchant Way
 (250) 391-6911
oxygenyogaandfitness.com

Pole Trix Dance & Fitness

3218 Jacklin Rd
 (250) 896-8749
poletrix.ca

Q Centre Arena Sports Arena

1767 Island Hwy
 (250) 478-8384
westshorerecreation.ca

The Rising-Victoria Centre for Circus Arts

140-1047 Langford Pkwy
 (250) 857-1785
therisingcircus.com

SALT Pilates & Barre

866 Goldstream Ave
 (778) 265-3003
saltpilatesandbarre.com

Spinco

746 Goldstream Ave
 (778) 265-8756
spinco.ca

Starlight Stadium

1089 Langford Pkwy
 (250) 391-1738
citycentrepark.ca

recreation & sports

Westhills YMCA-YWCA

Fitness Facility, Pools,
Water Slides
1319 Langford Pkwy
(250) 386-7511
vancouverislandly.com

West Shore Parks & Recreation

Fitness Facility, Pools, Water
Slides, Ice Surfaces, Lawn
Bowling, Golf, Basketball Courts,
Sports Fields,
Baseball Diamonds
1767 Island Hwy
(250) 478-8384
westshorerecreation.ca

Westshore Boxing Gym

895 Langford Pkwy
(250) 884-7790
westshoreboxinggym.com

The Westshore Warehouse

135-1057 Langford Pkwy
thewestshorewarehouse.com

WildPlay Element Parks Victoria

Ziplines, Aerial Games
1767 Island Hwy
(855) 595-2251
wildplay.com

Yoga Lab Westshore

311-895 Langford Pkwy
(778) 432-0388
yogalabwestshore.ca





shopping



A to Z Kids

109-2349 Millstream Rd
(250) 474-7769

Alloy Music

4-865 Station Ave
(250) 478-6800
alloymusic.ca

Andre's Electronic Experts

103-977 Langford Pkwy
(250) 391-4407
andreselectronicexperts.com

Atmosphere

109-2955 Phipps Rd
(250) 478-1551
atmosphere.ca

Baja Rosi's Consignment

797 Goldstream Ave
(250) 391-6033
bajarosis.com

Bali Kiss

2945 Jacklin Rd
(250) 478-1234

Barnes Harley Davidson

2940 Ed Nixon Terr
(250) 475-1345
barneshd.com

Bell

2945 Jacklin Rd
(250) 391-9637
bell.ca

Bentley Luggage

2945 Jacklin Rd
(250) 474-1903
shopbentley.com

Best Buy

779 McCallum Rd
(250) 391-4514
bestbuy.ca

Best Sneakers

2945 Jacklin Rd
(250) 391-9140
bestsneakers.ca

Blackapple Cellular

780 Goldstream Ave
(778) 432-2277
blackapplecellular.com

Boathouse

180-2945 Jacklin Rd
(250) 410-1269
boathousestores.com

Bosley's by Pet Value

2955 Phipps Rd
(250) 474-7466
bosleys.com

Brown's The Florist Westshore

2972 Jacklin Rd
(778) 433-5399
brownsflorist.com

Buckerfield's Langford

975 Langford Pkwy
(250) 940-4499
buckerfields.ca

Bulk Barn

800 Kelly Rd
(250) 391-4430
bulkbar.ca

Bumper to Bumper

895 Goldstream Ave
(250) 478-5538
bumpertobumper.ca

Canadian Tire

855 Langford Pkwy
(250) 474-2291
canadiantire.ca

Cap-it

106-2374 Millstream Rd
(250) 474-7670
cap-it.com

Cardino Shoes

148-2945 Jacklin Rd
(250) 746-4333
shopcardinoshoes.com

Carter's OshKosh B'gosh

186-2945 Jacklin Rd
(250) 391-1154
cartersoshkosh.ca

Cascadia Liquor

977 Langford Pkwy
(250) 590-9511
cascadialiquor.com

Citrine Boutique

829 Goldstream Ave
(250) 590-6043

City Wide Scooter & Wheelchair Sales & Service

725 Goldstream Ave
(250) 478-2978
citywidescooters.ca

Clarity Cannabis

693 Hoffman Ave
(250) 940-6418
claritycannabis.ca

Cloth Castle

786 Goldstream Ave
(250) 478-2112
clothcastle.com

Coles

2945 Jacklin Rd
(250) 478-3543
chapters.indigo.ca

Costco

799 McCallum Rd
(250) 391-1151
costco.ca

Devonshire Flowers & Food Market

808 Goldstream Ave
(250) 478-8122

Dollar Tree Canada

2401C Millstream Rd
(250) 391-6466
dollartreecanada.com

Dollarama

777 Goldstream Ave
2945 Jacklin Rd
dollarama.com

Dragonfly Books

721 Station Ave
(250) 478-0914
dragonflybooks.ca

EB Games

739 McCallum Rd
(250) 391-4588
ebgames.ca

Everything Games

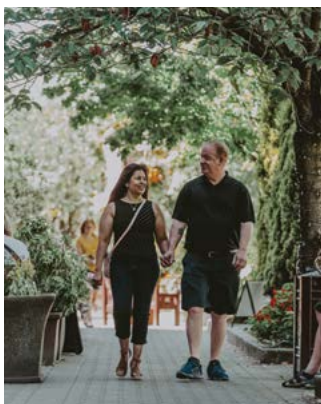
721 Station Ave
(778) 432-4263
everythinggames.ca

Everything Wine

2401 Millstream Rd
(250) 474-3959
everythingwine.ca

Fabricland

117-2401C Millstream Rd
(250) 737-1600
fabriclandonline.com



shopping

Fairway Market

772 Goldstream Ave
2945 Jacklin Rd
fairwaymarkets.com

Fido

2401G Millstream Rd
(250) 891-6900
fido.ca

Fitness Experience

880 Attree Ave
(250) 478-0225
fitnessexperience.ca

Flight Cannabis

101-977 Langford Pkwy
(778) 265-5700
flightcannabis.ca

Forbes-Guardian Pharmacy Goldstream

755 Goldstream Ave
(250) 478-7300
forbespharmacy.ca

Forbes-IDA Pharmacy Millstream

2349 Millstream Rd
(250) 478-1600
forbespharmacy.ca

Freedom Mobile

160-2945 Jacklin Rd
(778) 247-0134
freedommobile.ca

Frontrunners Footwear

755 Goldstream Ave
(250) 391-7373
frontrunners.ca

Fuel SVN

122-3046 Merchant Way
(250) 519-2787
fuelvictoria.com

GAP Factory Store

2945 Jacklin Rd
(250) 391-9551
gapfactory.com

George Richards

Big & Tall Menswear
121-2401B Millstream Rd
(250) 595-5958
georgerichards.ca

Glen Lake Liquor & More

2668 Sooke Rd
(250) 478-6999
liquorandmore.ca

Glenwood Meats

1245 Parkdale Dr
(250) 478-6328
glenwoodmeats.ca

GNC Canada

2945 Jacklin Rd
(250) 474-2261
gnc.ca

Goldstream Bicycles

694 Goldstream Ave
(250) 474-1948
goldstreambicycles.ca

Golf Town

2401A Millstream Rd
(250) 391-4500
golftown.com

Green Man Bikes

3202A Happy Valley Rd
(778) 432-2453
greenmanbikes.com

Griffin Hobbies & RC Ltd

105-1089 Langford Pkwy
(778) 433-8133
griffinhobbies.com

Growlies Pet Foods Inc.

2871 Jacklin Rd
(250) 391-4475
growlies.ca

Habitat for Humanity ReStore

849 Orono Ave
(250) 386-7867
habitatvictoria.com

Hang & Play Video Games

109-751 Goldstream Ave
(778) 265-8836
hangandplaygames.com

Happy Valley Market

3431 Happy Valley Rd
(778) 440-7000

Hidden Gem

102- 688 Granderson Rd
(250) 208-6643
hidden-gem.ca

Home Depot

2400 Millstream Rd
(250) 391-6000
homedepot.ca

Honeycomb Cannabis

2317 Millstream Ave
(250) 385-3781
honeycombcanna.com



Influence Board Shop

113-847 Goldstream Ave
(778) 440-5050

influenceboardshop.com

Island Motorcycle Co.

2956 Westshore Pkwy
(250) 475-8885

islandmoto.ca

Island Pet Source

751 Goldstream Ave
(250) 590-4460

islandpetsource.com

JB's Colwood Langford Auto Supply

895 Goldstream Ave
(250) 478-5538

Jordans Home

887 Attree Ave
(250) 478-8387

jordanshome.ca

Kal Tire

2420 Millstream Rd
2681 Sooke Rd

kaltire.com

La Tortilla Mexicana Deli & Grocery

709 Goldstream Ave
(250) 391-1236

La Vie en Rose

2945 Jacklin Rd
(250) 474-2167

lavieenrose.com

Let's Grow Garden Supply

149-735 Goldstream Ave
(250) 391-0158

letsgrowgardensupply.ca

Liquor Depot Langford

2835 Bryn Maur Rd
(250) 391-0105

liquordepot.ca

Liquor Planet

2317 Millstream Rd
(250) 391-9148

2792 Peatt Rd

(250) 474-7007

liquorplanet.ca

Local Reflections

2945 Jacklin Rd
(250) 704-6771

Long & McQuade Musical Instruments

3108 Jacklin Rd
(250) 800-0943

long-mcquade.com

Lordco Auto Parts

2901 Jacklin Rd
(250) 391-1438

lordco.com

Love Den

735 Goldstream Ave
(250) 383-1269

loveden.ca

Lowe's Home Improvement

850 Langford Pkwy
(250) 478-6680

lowes.ca

shopping

M & M Food Market

3005 Merchant Way
(250) 708-1010
mmfoodmarket.com

Market on Millstream

2401 Millstream Rd
(250) 391-1110
themarketstores.com

Mark's Work Wearhouse

2955 Phipps Rd
(250) 474-1930
marks.com

Marshalls

117-2401A Millstream Rd
(236) 475-0759
marshalls.ca

Mastermind Toys

2945 Jacklin Rd
(250) 915-0782
mastermindtoys.com

Medicine Wheel Publishing & Bookstore

3202-B Happy Valley Rd
1 (877) 422-0212
medicinewheelpublishing.com

Metchosin Soap Works

2945 Jacklin Rd
metchosinsoapworks.com

Michaels

2401C Millstream Rd
(236) 475-0759
michaels.com

Mobile Q Accessories & Repair

130-2945 Jacklin Rd
(250) 915-5858
mobileq.net

Moore's Clothing for Men

184-2945 Jacklin Rd
(250) 380-9334
mooreclothing.com

Muse & Merchant Home Collection

661 McCallum Rd
(250) 474-3433
museandmerchant.com

Northern Reflections

2945 Jacklin Rd
(250) 474-4051
northernreflections.com

Original FARM Cannabis

101-945 Reunion Ave
(778) 433-3276
originalfarm.com

Out of Bounds Sports

2945 Jacklin Rd
(250) 391-5558

P M Bikes

797 Goldstream Ave
(250) 478-3312

PetSmart

2401A Millstream Rd
(250) 391-9212
petsmart.ca





**PharmaChoice
Langford Pharmacy**
109-2854 Peatt Rd
(778) 265-5550
langfordpharmacy.com

Pharmasave
2401F Millstream Rd
(250) 478-0123
pharmasave.com

Purdy's Chocolatier
2945 Jacklin Rd
(250) 391-7565
purdys.com

Quality Foods
113-977 Langford Pkwy
(778) 433-3291
qualityfoods.com

QuiltsEtc Home
2945 Jacklin Rd
(250) 388-0718
qehomelinens.co

Reitmans
2945 Jacklin Rd
(250) 391-5984
reitmans.com

Sally Beauty
2401C Millstream Rd
(250) 391-5830
sallybeauty.co

Sandy's Auto Parts
945 Dunford Ave
(250) 474-3141
sandysauto.com

Save-On-Foods
759 McCallum Rd
(250) 475-3157
saveonfoods.com

ScanDesign Furniture
661 McCallum Rd
(250) 475-2233
scandesigns.com

Sheringham Distillery
103-4382 West Shore Pkwy
(778) 425-2019
sheringhamdistillery.com

Shoppers Drug Mart
2945 Jacklin Rd
(250) 474-1114
shoppersdrugmart.ca

Signature BC Liquor Store
600-2945 Jacklin Rd
(250) 391-2811
bcliqorstores.com

Simatech Vapour Shop
145-2745 Veterans Mem. Pkwy
(250) 391-0011
simatechvapes.com

Soulful Sister Aromatherapy
117-735 Goldstream Ave
(250) 590-1350
soulfulsister.com

Sport Chek
2955 Phipps Rd
(250) 478-1551
sportchek.ca

**St. Vincent de Paul
Thrift Store**
2784 Claude Rd
(250) 478-0282
ssvp.ca

Staples
789 McCallum Rd
(250) 391-3070
staples.ca

shopping

Stokes

2401C Millstream Rd
(250) 391-6550
stokesstores.co

Streamside Corner Store & Cafe

2899 Sooke Lake Rd
(250) 478-3488

Superstore

835 Langford Pkwy
(250) 474-0914
therealcanadiansuperstore.ca

Suzanne's Fashion

2945 Jacklin Rd
(250) 478-3885
suzannesfashions.ca

Telus

129-2945 Jacklin Rd
(250) 391-0668
telus.com

The Brick Warehouse

2945 Jacklin Rd
(250) 380-1133
thebrick.com

The Langford Station Arts and Culture District

720 Station Avenue
(250) 478 7882
langford.ca/thelangfordstation

The Medicine Shoppe Pharmacy

104- 2806 Jacklin Rd
(250) 391-9367
medicineshoppe.ca

The Mountain Market

1325 Bear Mountain Pkwy
(778) 265-7108

The Quality Cobbler

2945 Jacklin Rd
(250) 391-0344
qualitycobbler.ca

The Salvation Army Thrift Store

777 Goldstream Ave
(250) 478-6933
thriftstore.ca

The Shoe Company

2401C Millstream Rd
(250) 474-7150
theshoecompany.ca

Thrifty Foods

3011 Merchant Way
(250) 391-1869
thriftyfoods.com

Tom Harris Telus & Koodoo Store

147-2401C Millstream Rd
(250) 391-9131
tomharris.com

Tom Lee Music

105-2401D Millstream Rd
(250) 383-5222
tomleemusic.ca

True Boutique

111-3031 Merchant Way
(250) 391-4679
shoptrueboutique.com

Universal Supplements

114-2806 Jacklin Rd
(778) 432-4787
universalnutrition.com

Urban Art

124A-2945 Jacklin Rd
(250) 686-8363

Valencia Filipino Specialty Co.

201-784 Goldstream Ave
(250) 507-4514
valenciafilipinospecialty.com

Vape Street

101-739 McCallum Rd
(778) 265-2665
vapestreetcanada.com

Vapour Solutions

109-777 Goldstream Ave
(778) 433-6163
vapoursolutions.com

Victoria Olive Oil Co

G105-2401 Millstream Rd
(250) 391-0021
victoriaoliveoilco.ca

Virgin Plus

2945 Jacklin Rd
(250) 474-3632
virginmobile.ca

Vision Electronics

2401D Millstream Rd
(250) 474-6082
visions.ca

Walmart

860 Langford Pkwy
(250) 391-0224
walmart.ca

Warehouse One

2401B Millstream Rd
(250) 391-1880
warehouseone.com

Weavers Leather Victoria

111-2924 Jacklin Rd
(778) 265-7989
weaversleather.ca

West Coast Creative Spirits

106-688 Goldstream Ave
(778) 679-2718
westcoastcreativespirits.ca

WestShore Bicycles

104-800 Kelly Rd
(250) 590-6960
westshorebikes.com

Westshore Gold & Silver

730 Goldstream Ave
(778) 406-0606
westshoregoldandsilver.ca

**Willow Wind Feed,
Tack & Pet Supplies**

2714 Sooke Rd
(250) 478-8012

Windsor Plywood

888 Van Isle Way
(250) 474-6111
windsorplywood.com

Winners Homesense

2945 Jacklin Rd
(250) 391-1829
winners.ca

Zed's Beds

113-2854 Peatt Rd
(250) 894-9337
zedsbeds.ca



Travel Inspo



where to eat



what to see and do



where to stay

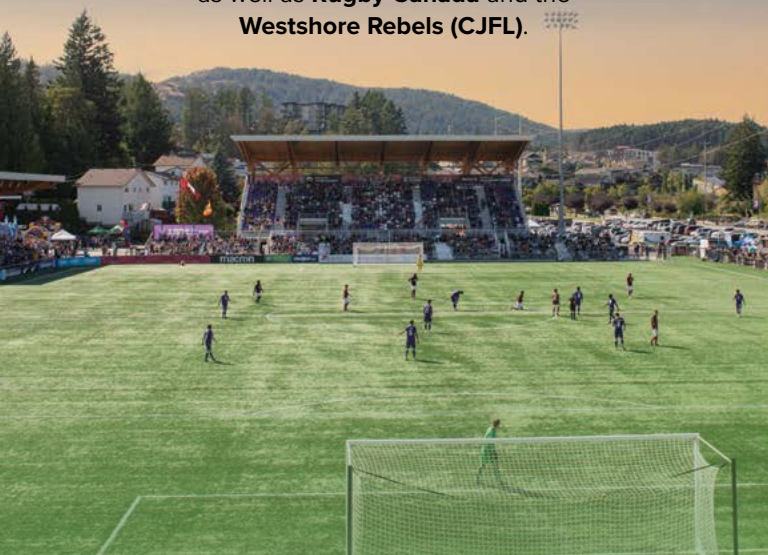
STARLIGHT STADIUM

the home of



Starlight Stadium is a state-of-the-art sporting facility located at **City Centre Park** in the heart of **Langford**.

The Stadium is home to Canadian professional soccer club **Pacific FC**, as well as **Rugby Canada** and the **Westshore Rebels (CJFL)**.



citycentrepark.ca/starlightstadium

 [@citycentrepark](https://www.instagram.com/citycentrepark)

Visit langford.ca/events for upcoming events

PFC HOME SCHEDULE 2023



Online schedule

Jul 8 - Saturday

6:00 pm PDT

Starlight Stadium

PACIFIC

VS. CAVALRY

Jul 21 - Friday

7:00 pm PDT

Starlight Stadium

PACIFIC

VS. FORGE

Aug 13 - Sunday

1:30 pm PDT

Starlight Stadium

PACIFIC

VS. ATLÉTICO OTTAWA

Sep 2 - Saturday

1:00 pm PDT

Starlight Stadium

PACIFIC

VS. VALOUR

Sep 8 - Friday

7:00 pm PDT

Starlight Stadium

PACIFIC

VS. HFX WANDERERS

Sep 30 - Saturday

2:00 pm PDT

Starlight Stadium

PACIFIC

VS. VANCOUVER



@pacificfootballclub | pacificfc.canpl.ca



RUGBY SEVENS PARIS 2024 QUALIFICATION EVENT

Get ready for the party of the summer! Cheer on Canada's Women's and Men's Sevens Teams in this once-in-a-lifetime opportunity to qualify for the Paris 2024 Olympic Games on home soil. The tournament will be two full days of rugby under the sun, featuring a BBQ, beer gardens, food trucks, DJ's and more!

August 19–20, 2023

Starlight Stadium

1089 Langford Parkway

TICKETS ON SALE: RUGBY.CA



useful information

In case of emergency, please dial **911** and an operator will help direct your call immediately to either police, fire, or ambulance services.

ROYAL CANADIAN MOUNTED POLICE

698 Atkins Ave

Non-emergency: (250) 474-2264

Emergency: 911

LANGFORD FIRE RESCUE

2625 Peatt Rd

Non-emergency: (250) 478-7770

WALK IN CLINICS

WESTSHORE URGENT & PRIMARY CARE CENTRE

582 Goldstream Ave

(250) 519-6919

VICTORIA GENERAL HOSPITAL - EMERGENCY

1 Hospital Way

(250) 727-4212



A low-angle photograph of a forest path. The path is made of wooden stairs and leads up through a dense forest. The trees are covered in moss and lichen, and the ground is also covered in moss. The sky is visible through the canopy of the trees.

STEP INTO *Places Unknown*

Langford.ca

 CITYOFLANGFORD | #EXPLORELANGFORD