YMCA-YWCA
Vancouver Island

PROGRAM FITNESS STAFF
Westhills YMCA-YWCA (Langford, BC)

Vacancies: 2
Position: Casual (up to 19 hours/week)
Placement: November 2026
Wages by Role: Fitness Floor $21.00/hour; Personal Coaching / Class Instruction $25.00/hour
Shifts: Mondays & Thursdays 3:15pm – 9:15pm, Tuesdays 3:00pm – 7:00pm,
Saturday 9:00am – 1:00pm
(PLEASE INDICATE IN YOUR COVER LETTER WHICH SHIFTS YOU ARE INTERESTED IN)

Nature and Scope:
The Program Fitness Staff work collaboratively with other staff and volunteers, and are responsible for providing safe, fun, and educational programs and service to members and participants in a fitness environment. A key function of their role is to assist individual members with their fitness programs, in a positive and professional manner. These staff will also build meaningful relationships through daily interaction with Y members, visitors, and colleagues; and work in collaboration with the Member Educator Staff to support member sales and retention efforts. These casual positions are entitled to a YMCA-YWCA of Vancouver Island individual membership

Responsibilities:
- Perform member orientations to the fitness facility and Personal Coaching Sessions
- Maintain an atmosphere of achievement that inspires self and others to succeed
- Ensure the safety of all members, participants, staff, and property by following YMCA-YWCA standards/policies/procedures and ensuring they are maintained amongst all members and staff
- Ensure Y Canada Initiatives are implemented and standards met including Child Safeguarding and The Y Way
- Effectively support the operation of the facility, including opening and closing procedures
- Teach Group Fitness Classes
- Support annual Fundraising Campaigns
- Adhere to YMCA Child Protection Policies and Procedures

Qualifications:
- YMCA Personal Training, **or equivalent,** certification required.
- YMCA Group Fitness Instructor, or equivalent an asset
- Excellent organizational, customer service and relationship building skills
- Current Standard First Aid and CPR-C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required (prior to start date – not required at the application stage).

Competencies:

- Commitment to Organization Vision and Values
- Commitment to Health and Safety
- Customer Service
- Teamwork
- Communication
- Problem Solving
- Planning and Organization

To apply, please visit our Jobs Page using the link below to submit your application online.

Jobs at the Vancouver Island Y

Please note that applications submitted by email are no longer accepted

1. *Application Deadline: This posting will remain open until suitable candidates have been found.*
2. *We thank all applicants, but only short-listed candidates will be contacted.*

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.