YMCA-YWCA
Vancouver Island

Team Leader - Fitness
Westhills YMCA-YWCA

Vacancies: 1
Position: Permanent Part-Time
Placement: December 2026
Wage: Starting at $29.68/hour, increasing to $31.00/hour after the successful completion of a 6-month probationary period.
Schedule: Wednesday to Saturday Work Week: Wed 8:00am – 4:30pm, Thurs & Friday 2:00pm – 9:15pm, Saturday 10:45am – 6:15pm

Nature and Scope:
The Team Leader - Fitness, is a dynamic leader who ensures that professional standards are demonstrated and applied in all related YMCA-YWCA classes, programs and services. Emphasis is placed on the ability to effectively support and deliver high-quality group and individual fitness programming. The successful candidate will be highly motivated, organized, resourceful and capable of maintaining a positive, caring, service-oriented environment.

Reporting to the Program Coordinator - Fitness, this person will work as a member of the Health and Fitness staff team.

This permanent part-time position is entitled to a YMCA-YWCA individual membership; 15 days vacation (prorated); and a cost-shared benefits package (after completion of the probationary period) which includes:

- Extended Health Care, Drug Plan, Dental, Vision, EAP
- Life Insurance, LTD and AD&D
- YMCA Canada Pension Plan (eligible after two years of continuous service, if required hours are met)

Responsibilities:

- Assist the Program Coordinator to organize, schedule and supervise the operation of Fitness Orientations, Personal Coaching Sessions and Group Fitness classes
- Deliver Fitness Orientations, Personal Coaching Sessions and teach group fitness classes
- Ensure staff and volunteers maintain required up-to-date certification, facilitate and recommend professional development workshops and facilitate in-service training programs
- Adhere to and maintain Y policies and practices; ensure compliance with legislative requirements and industry standards; and manage effective health, safety, security and risk management policies and procedures.
- Provide on-going supervision of the program area ensuring proper behaviour, correct use of facility and that members are aware of and adhere to YMCA-YWCA policies and the Member Code of Conduct

- Participate in annual campaign events and fundraising initiatives
- Educate members and the public regarding safe exercise habits and ensure all safety and proper exercise procedures are followed
- Take an active role in the recruitment, training and development of volunteer instructors
- Serve as the Duty Manager for the branch as required

Qualifications:

- Must have YMCA Group Fitness – Strength certification (or equivalent)
- YMCA Personal Trainer certification (or equivalent) an asset
- University Degree or College Diploma in a related field an asset
- Current Standard First Aid and CPR C required
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening required (prior to start date – not required at the application stage).
- Excellent customer service skills
- Strong computer skills (Word, Excel, Outlook); registration software is an asset
- Minimum 1 years of health and fitness program related experience; experience supervising staff and volunteers

Competencies:

- Commitment to Organization Vision and Values
- Leadership
- Commitment to Health and Safety
- Conflict Resolution
- Coaching and Development
- Service Attitude/Customer Focus
- Relationship Building
- Communication
- Teamwork

To apply, please visit our Jobs Page using the link below to submit your application online.

Jobs at the Vancouver Island Y

1. *Application Deadline: This posting will remain open until a suitable candidate has been found.*
2. *We thank all applicants, but only short-listed candidates will be contacted.*

The YMCA-YWCA of Vancouver Island is an equal opportunity employer.